



Do you have young babies?

Are you interested in meeting other mothers or mothers-to-be?

Why not join ibu-Family Resource Group.

*A support group run by its members.*

The primary function of ibu is to provide support and information to pregnant women and the parents of babies and young children. We welcome families of all races, religions, creeds and nationalities.

*ibu is operated entirely by volunteers, and is a non-political, non-profit organization.*

## Activities & Support Services

### Magazine 'BONDA'

Details **ibu** activities, calendar of events, updates on support groups and resources, classified advertising section, surveys, news section and feature articles.

### Support Groups

#### Well Baby Clinics

Take your baby/toddler for growth, health & development checks by qualified voluntary staff. Discuss any queries on all aspects of infant child care.

#### Pregnancy Support Group

Join our mothers-to-be to discuss ideas and hear guest speakers.

#### Breastfeeding Support Group

Meet with a qualified lactation consultant. Discuss any problems or questions you may have.

#### Gentle Birthing Group

Meet with mothers and mothers-to-be to exchange information and ideas about natural and water birth.

### Children's Activities

Anything from a picnic to a visit to a toy factory, airforce museum and more!

### Playgroups

Opportunity to join with other mums and their children, for some play, craft, sing-alongs, storytelling and socialising. For more information on timetables and fee structure please contact the office.

### Coffee Mornings

An informal place to meet other mums. Children are welcome.

### Ibu Website and ibu forum

Providing useful information and contacts for ibu.

### Baby Equipment Loan

Car Seats, strollers, cots, etc. available for hire. Please see website or contact the office for more details.

### Library

Parenting and children's books available for borrowing from our drop in centre. A refundable deposit is required.

### Maternity and children winter clothes

Maternity and children winter clothes are available for borrowing. A refundable deposit is required.

## To join ibu

### Send the application form and payment to:

**ibu-Family Resource Group**  
PO Box 1153  
Jalan Pantai Bharu  
59700 Kuala Lumpur

*Only cheque payments are accepted. Cheques should be made payable to **IBU Family Resource Group – KL**. Ordinary mail will suffice.*

*Or deposit your payment directly into ibu's bank account:  
HSBC Bank (Malaysia) Bhd  
Account No. 359 228087 101  
Please send a scanned copy of your deposit slip via email – [ibu@ibufamily.org](mailto:ibu@ibufamily.org)*

### Fees Applicable:

<b>New Member</b>	RM150 (1 year) / RM 300 (2 years)
<b>Renewal</b>	RM150 (1 year) / RM 300 (2 years)

*Fees are correct as at 1 October 2008 and are for a membership period of 12 months from the date of joining or anniversary. **If you renew for 2 years you will receive 2 free playgroup vouchers (current value RM40) which can be used at any playgroup either by yourself or a friend.** Fees are subject to change. Please enquire for current fees at the office.*

### For more information contact:

<b>Ibu Office</b>	<b>010 4022234</b>
<b>Membership</b>	Amanda Moggie <a href="mailto:apply@ibufamily.org">apply@ibufamily.org</a>

### ibu website & email:

website:	<a href="http://www.ibufamily.org">http://www.ibufamily.org</a>
e-mail:	<a href="mailto:ibu@ibufamily.org">ibu@ibufamily.org</a>

	New Member → RM 150 (1 year) / RM 300 (2 years)			Renewal → RM 150 (1 year) / RM 300 (2 years)			
<b>Surname:</b>			<b>First Name:</b>				
Address:							
Postcode:			City:				
Tel. No.:			Mobile No.:				
Email:			Nationality:				
My interests are:							
My training & job :							
Partner's Name:			Partner's No.:				
Children's Name		Birth Date (dd/mm/yy)	Due Date (dd/mm/yy)				
Surname	First Name						
My children's schools:							
I am interested in helping ibu in the following areas (no obligation):							
	Bonda Magazine Team		Computer/Clerical/Info Pack				
	Children's Activities		Breastfeeding Support				
	Hosting Coffee Mornings		Multiple Births Support				
	Playgroup Volunteer		Social Activities				
	Well-Baby Clinic Volunteer		Articles/Reviews/Research				
	Office Volunteer		Pregnancy Support Volunteer				
	Committee Member		Hosting New Baby Group				
	Advertising / PR						
I heard about ibu from							
	Another member		Fair/Exhibition				
	Doctor		National Association				
	Others, please specify:						
Blood Donor Register							
ibu keeps a register of members willing to donate blood to other ibu members in an emergency. Even common types of blood may not be available from the hospital blood banks.							
<b>Donor Name:</b>			<b>Donor Name:</b>				
Blood Group:			Blood Group:				
Rhesus Factor:			Rhesus Factor:				
General Disclaimer							
Please tick: _____ <b>RM10 donation to ibu supported charities</b>							
ibu's purpose is to support families with young children through its publications, meetings and activities, all of which are entirely run by volunteers. Although we try our best to provide accurate information in our publications, as well as a safe environment at our activities, we do not assume liability for the health and safety of you or your family. By applying for membership in ibu, you are agreeing to assume responsibility for overseeing the safety of your family at ibu-sponsored events, as well as applying any information you obtain through ibu.							
<b>I hereby confirmed that I have read, understood and accepted the terms as set out in this form.</b>							
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Name & Signature							
FOR ADMINISTRATION ONLY							
Member ID:		Date:		Receipt No.:		Amount, RM:	
Cash/Cheque:		Cheque No.:		Officer Initial:		Latest Bonda:	
Computer:		Card:		Post:		Report:	
Coffee Invite Month:				New Member Pack:			